

PATIENT INFORMATION

Once an appointment has been made at Cabrini Brighton Endoscopy Centre, a member of the nursing pre-admission staff will contact you. If you have any queries, or if there is anything that you don't understand about the procedure, feel free to ask for more information. You will have the opportunity to speak with your doctor and anaesthetist on the day of your procedure.

Following your procedure, you will need to arrange for a family member or friend to drive you home. You will need to rest for the remainder of the day and you must not drive a car or operate machinery until the following day.

The person you have nominated to collect you from the Endoscopy Centre will be contacted as soon as you arrive in the recovery and a collection time will be arranged.

You will be escorted to Main Reception where you can be collected. Otherwise, Main Reception will organise a taxi if required. Just call at the desk or ask your nurse to make a booking.

OUR MISSION

Cabrini is a Catholic health care service. As such we are an integral part of the Church's healing mission. With the spirit and vision of our Founder, Saint Frances Xavier Cabrini, our service reflects God's compassionate love for all and the dignity of human life.

At Cabrini we are dedicated to serving the needs of the community to the best of our ability, always striving for excellence. We respect life in all stages and, in a spirit of partnership, we are committed to compassionate, competent care for all those we serve.

Cabrini Brighton Endoscopy Centre

243 New Street
Brighton 3186
Telephone 9508 5900



ENDOSCOPY CENTRE

Located at Cabrini Brighton, the Endoscopy Centre is a state-of-the-art day procedure centre offering endoscopy services to the Bayside area and surrounding districts. Easily accessible, the personalised service is all about convenience for the patient.

An experienced team of surgeons, gastroenterologists, anaesthetists and nurses ensure patients receive the highest quality care.

WHAT IS ENDOSCOPY?

This is an accurate investigation of the lining of the digestive tract. A gastroenterologist/gastrointestinal surgeon will use an endoscope – a long flexible tube with a tiny camera and light on the end – to illuminate the structures within the digestive tract and relay the images to a monitor.

WHAT TO EXPECT DURING YOUR PROCEDURE

On arrival, you will be directed to the Endoscopy Centre Reception where you will be collected by an endoscopy staff member. Those escorting patients to the hospital are welcome to wait in the Main Reception foyer or, alternatively, enjoy a coffee break at the Terrace Cafe which is located on the Ground Floor near Main Reception.

During the procedure you will be made as comfortable as possible. A sedative will be given to you by injection and you will feel relaxed and drowsy. It is unlikely that you will have any memory of this time. Your blood pressure, pulse and oxygen levels will be closely monitored.

WHAT TO EXPECT AFTER YOUR PROCEDURE

Following the procedure you will be cared for in the recovery area until the sedation has worn off. You will be given some light food and fluids. Please advise the pre-admission staff of any food allergies or special dietary requirements.

CENTRE HOURS

8.00 am – 6.00 pm Monday to Friday

GENERAL INFORMATION

Parking

Underground parking is available via New Street or Normanby Street. Please note the Normanby Street entrance/exit is closed to all traffic after 6.30 pm. A small parking charge applies.

Valuables

Valuable items, namely money in excess of \$50, jewellery and other personal property considered by the patient of value should not to be brought to the Centre.