

## Our Heritage

Cabrini is a Catholic health service sponsored by the Missionary Sisters of the Sacred Heart of Jesus. The Missionary Sisters were founded by Frances Cabrini in Northern Italy in 1880. From Italy the order expanded to America where the Sisters worked with the Italian immigrants. The Sisters first came to Australia in 1948 to take over a 50-bed hospital in Malvern called St Benedict's. Today the Sisters sponsor health, welfare and education facilities in 18 countries around the world.

## Our Values

In recognition of our heritage, our values reflect our service and style, both past and present, and our aspirations for the future. They are:

- Compassionate, competent care
- Respect for life in all stages
- Partnership and co-operation with our fellow workers
- Responsible management of resources

## Our Services & Facilities

With more than 600 beds, Cabrini provides comprehensive acute, emergency, maternity, palliative and residential aged care. Clinical services are located on four separate campuses: residential aged care at Cabrini Ashwood; acute care at Cabrini Brighton; acute, emergency and maternity care at Cabrini Malvern; palliative care at Cabrini Prahran. Most corporate services are based at Cabrini Malvern. Some business and commercial services are located at a fifth campus in Hawthorn.

### **Cabrini Ashwood**

Opened in April 2001, Cabrini Ashwood is a 90-bed purpose built residential aged care facility. Accommodation is provided for both high and low care residents.

### **Cabrini Brighton**

Incorporated into Cabrini Health in June 2002, Cabrini Brighton is a small facility providing acute medical and short stay surgical care, day oncology and sleep services. There are onsite medical consulting suites.

### **Cabrini Hospital Malvern**

The site of the original hospital, today Cabrini Hospital Malvern has in excess of 440 inpatient beds together with day surgery, day oncology, and emergency facilities. Hospital in the Home operates from this facility.

A wide range of acute care specialties are provided and are supported by a 12-bed intensive care unit and an 18-bed coronary care unit. An Emergency Department was opened in 2002.

The maternity unit caters for approximately 115 deliveries per month. Childbirth education, parenting skills, home care and a breastfeeding clinic are run through the unit.

Full diagnostic facilities are located at Malvern including Pathology, Medical Imaging and Cardiorespiratory Services. These departments provide both inpatient and outpatient services. A range of allied health services are also available including continence clinic, diabetes education, nutrition, psychology, physiotherapy, podiatry, speech pathology, stomal therapy and wound care.

More than 40 consulting suites, providing accommodation for close to 200 medical specialists, are located onsite.

### **Cabrini Prahran**

Cabrini Prahran provides 22 in-patient palliative care beds. An extensive palliative home care service also operates from this campus. Purpose-built and opened in 1999, it was the first private palliative care service to be established in Victoria.

### **Cabrini Linen Service**

Cabrini Linen Service is a linen service located at Cabrini Hawthorn. It supplies all of Cabrini's facilities as well as other hospital and hotel groups in Victoria.

### **Chemtronics Biomedical Engineering**

Like Cabrini Linen Service, Chemtronics Biomedical Engineering is a service with its head office and main workshop located at Cabrini Hawthorn. However given the nature of the business, staff also are located in country Victoria, NSW, Queensland, South Australia, Tasmania, Queensland, Western Australia and New Zealand.

### **Corporate services**

Services such as clinical risk management, communication, education and staff development, engineering, health information, human resources, infection control, information technology, logistics, mission integration, nutrition, occupational health and safety, public relations, quality management and risk management are based at the Malvern campus. Financial services (payroll, finance and credit departments) are located at Cabrini Hawthorn.

## Our Commitment to Quality

Cabrini has a commitment to the provision of high quality care and services and has a comprehensive quality and risk management program.

There is an expectation that all staff will participate in activities aimed at improving the care and services provided and in minimising risks to our patients, residents and staff.

All Cabrini services are accredited/certified by appropriate agencies and there is a robust credentialing process for medical staff. Cabrini Mission Standards also guide our practice.

## Clinical Education and Research

We believe that the care of our patients is enhanced by continually improving our knowledge and understanding of diseases, and developing effective clinical practice.

The Cabrini Clinical Education and Research Institute, launched in 1999, sponsors five academic units in collaboration with the tertiary sector. Each of these units has a research program contributing to world's best practice in patient care.

Through the strong partnerships with the universities and professional colleges, the Institute supports training programs for medical, nursing and allied health professionals and provides clinical experience for undergraduate and postgraduate students.

A range of postgraduate scholarships, research and study grants are available for Cabrini clinicians. The Institute also hosts significant clinical meetings and continuing education activities.

## Staff Development

At Cabrini we are committed to the ongoing development of all employees, recognising that they are our most valuable asset. Through the Cabrini Performance Development and Review System staff are assisted to devise a personal development plan. Ongoing education and training programs, provided free of charge, are available to assist all staff to maintain knowledge and skills. Additional resources including self-directed learning packages, books, journals and videos are also available. Online clinical databases can be accessed through the Cabrini Intranet in each clinical area, as well as through the Library. The Librarian is available Monday to Friday.

## Staff Services

The Cabrini Staff Clinic provides a full range of medical services including preventative programs, assessment of work related injuries and the treatment of general medical conditions. Investigations and tertiary referral are arranged when necessary.

The EFM Health and Fitness Gym is located at Cabrini Hawthorn. Membership is available for staff and family members.

There are a number of services that may be accessed by staff to assist staff to manage stress. The Cabrini Staff Support Network provides critical incident and stress management for staff. Although primarily focused on caring for patients and their families, Pastoral Services offer emotional and spiritual support to staff. Counselling and advice is also available through Cabrini Centacare in Malvern.

Cabrini has an arrangement with Wattle Tree House Child Care Centre in Wattle Tree Rd, reserving a number of places for the care of the children of employees between the ages of 6 months and 5 years.

Free on-site car parking is also provided for staff at each campus.

A 10% discount is available to staff at the gift shop and at the retail pharmacy at Malvern.

## Cabrini Volunteers

The provision of care and service is enhanced through the volunteer program. Patient and resident volunteers work alongside the clinical team in appropriate areas, providing value-added services such as companionship and hand and foot massage. The gift shops at Malvern and Ashwood are staffed by volunteers. Heartbeat Cabrini is active at Cabrini Hospital Malvern, fundraising for equipment for the cardiac areas. Ministry volunteers assist the Pastoral Services team at each campus. Staff and members of the local community are invited to join the choir which enhances our celebrations.

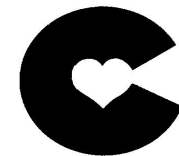
## Cabrini Social Outreach Program

Cabrini demonstrates its commitment to the underserved in the community through a number of social outreach projects in Melbourne, interstate and overseas. Within Australia areas of priority include women and children, indigenous Australians and new immigrants. Overseas projects primarily involve health care. Support may include funding, material aid and/or human resources. There are a range of opportunities for staff to participate in a voluntary capacity in the social outreach program.

# Cabrini

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## Information for Prospective Employees



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