



Cabrini Day Oncology

There are two Cabrini Day Oncology Units - at Malvern and at Brighton. Your doctor will arrange treatment at the appropriate facility.

In an outpatient setting both Units provide chemotherapy and supportive treatments for patients with cancer.

The teams caring for you, apart from your doctor, include Patient Services, Pastoral Care, Dietetics, Pharmacy and Nursing staff.

We welcome your questions and suggestions. Please do not hesitate to let us know if we can assist you and your family in any way.

Prior to Your Treatment

Unless given specific instruction, there is no preparation necessary prior to your treatment. Please eat and drink fluids as you would normally. **Family are very welcome at both Units.**

On arrival (depending on where you will receive treatment) please report to the Reception Desk in the Day Oncology Unit at Malvern and at the Main Reception Desk at Cabrini Hospital Brighton.

Your Chemotherapy Treatment

Chemotherapy is the use of drugs called 'cytotoxics' which kill and/or inhibit the growth of cancer cells. Different drugs are used in various combinations depending on the type of cancer.

Prior to your first treatment, the nurse will give you information regarding the particular chemotherapy drugs your doctor has prescribed for you, possible side-effects and how to manage them.

Depending on the drug, chemotherapy can be given orally, intravenously (into a vein) intra-arterially (into the artery) or directly into a body cavity such as the bladder. The majority of treatments are given intravenously.

The time you spend for each session will vary according to the type of chemotherapy treatment. You are welcome to

call the Day Oncology Unit for an estimate of the time your treatment will take.

If you have any concerns or problems after your returnhome, please do not hesitate to contact your doctor or:

Day Oncology at Malvern

8.00 am - 5.30 pm Monday to Friday
Tel: (03) 9508 1822

Day Oncology at Brighton

8.00 am—5.30 pm Monday to Friday
Tel: (03) 9508 5656

After Hours: Oncology Ward at Malvern

5.30 pm - 8.00 am (24 hours)
Tel: (03) 9508 1121

Other Services Available

Dietician

Specialist dieticians are available to address any queries you may have.

Pastoral Services

Pastoral Care staff are available as a support to you and your family.

Living with Cancer

An eight-week information/support program (two hours per week). Please contact Day Oncology at Malvern on Tel: (03) 9508 1822 for further details or ask your treating nurse.

Look Good Feel Better

Learn ways to enhance your appearance in a fun two-hour workshop. Contact Day Oncology at Malvern on Tel: (03) 9508 1822.

Philosophy

The Day Oncology Units will strive to meet emotional, physical and spiritual needs of patients and their families with expert and compassionate care.

