

Be part of Australia's first women's mental health hospital

Lisa Thurin Women's Health Centre

A unique opportunity for psychiatrists



In September 2021, Cabrini opened Australia's first private women's-only mental health hospital, located in the heart of Elsternwick.

Known as the Lisa Thurin Women's Health Centre, this modern, 30-bed inpatient unit with psychosocial treatment programs is coupled with new, individualised treatment methods in a private, secure and empowering setting.



A short-stay mental health program is supported by intensive day programs, telehealth and community supports. The Lisa Thurin Women's Health Centre offers targeted treatments for improving women's mental health. Women have access to an innovative and holistic range of therapies designed to optimise outcomes.



Comprehensive assessment and treatment is provided for women with:

- + Mood disorders
- + Complex trauma disorder/post-traumatic stress disorder
- + Addictions



Situated at 2-6 Hopetoun Street, Elsternwick, Lisa Thurin Women's Health Centre includes generous consulting suites and premium quality amenities.

First of its kind in Australia | Modern architecturally-designed space

The new facility includes:

- + 30 inpatient beds in a trauma-informed therapeutic environment
- + Inpatient stay with a range of programs including therapies and lifestyle modification
- + Transition from inpatient into the Cabrini Community Program
- + Therapeutic individualised group programs for women-specific disorders
- + EMDR

Cabrini is offering an exciting new approach to psychiatric care for women with mental ill health, and an opportunity for consultant psychiatrists to partner with us on this exciting new service to ensure the highest quality, contemporary, compassionate care for patients.

As a psychiatrist at Cabrini women's mental health hospital, your patients will have access to the full range of targeted inpatient and intensive day programs. You will have:

- + Clinical support from junior medical officers (JMOs) and advanced psychiatric trainees
- + Access to a weekly professorial ward round
- + Opportunities to provide education and supervise JMOs and advanced psychiatric trainees
- + Opportunities to provide medical education to undergrads, postgrads and other health professionals
- + Access to cutting-edge research and quality improvement initiatives in women's mental health
- + Access to refurbished consulting suites

For more information, please contact:

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