Cabrini Australia fact sheet 2022-23

Established in 1948, we are a Catholic healthcare service inspired by the spirit and vision of Saint Frances Xavier Cabrini and the Missionary Sisters of the Sacred Heart of Jesus. We are a community of care, reaching out with compassion, integrity, courage and respect to all we serve. We provide excellence in all of our services and work to identify and meet unmet needs. In 2023 Cabrini celebrates 75 years of care from the heart.

OUR COMMITMENT TO CARE

At Cabrini, patient-centred

care is our primary focus. We are committed to providing patients with safe, effective and compassionate connected care in an inclusive, respectful and responsive way, to meet individual preferences, needs and values. We treat patients in a personal and memorable way at every stage of their healthcare journey.

Our patient care is not only about the physical – providing the latest, evidence-based medical care; we care about a patient's spiritual, emotional, social and cultural needs. We endeavour to care for the whole person, often beyond the limits of science, and respect our patients' dignity and wishes along the way. We believe in shared decision making and want patients to be involved in decisions relating to their treatment. At Cabrini, we don't just care **for** people, we care **about** people.

ABOUT US



4439 employees

209 trained volunteers providing more than **20,000** hours of hospitality and companionship to enhance the patient experience.

1730 accredited medical practitioners

92,325 episodes of inpatient care

1984 babies delivered

25,349 attendances at our emergency department

53,723 surgical operations performed

142,322 medical imaging procedures

56,528 day cases

23,398 day oncology patient treatments

19,531 rehabilitation inpatient bed days

81,517 inpatient referrals to allied health disciplines

1404 clients seeking asylum received free medication for4369 prescriptions through the Cabrini Outreach PharmacyWaiver Program

Over **580,000** meals delivered to patients in our hospitals



84,059 repairs of computers and network devices nationally through Cabrini Technology Group (CTG)

379,341 repairs to medical equipment with **15,247** repairs of mobility aids and equipment performed in clients' homes

*Above statistics are for the 2022-23 year.

Over **3.6 million** items of linen laundered



Cabrini Australia fact sheet 2022-23

CABRINI MALVERN

Established in 1948, this 572-bed acute care hospital provides a wide range of services including cardiac care, day procedures, day oncology, 24/7 emergency care, rehabilitation, intensive care, maternity, paediatric (children's) care, medical imaging and pathology.

CABRINI BRIGHTON

Established in 2002, this hospital has 141 beds across three wards including acute surgical, acute medical and rehabilitation. It has five operating theatres, a day oncology unit, high dependency unit, endoscopy, sleep centre, onsite medical imaging and pathology, specialist consulting suites and 24-hour medical coverage.

CABRINI WOMEN'S MENTAL HEALTH SERVICE

Cabrini Women's Mental Health service, located at the Lisa Thurin Women's Health Centre in Elsternwick, is a private women'sonly mental health hospital. We offer a variety of mental health services ranging from a short-stay intensive inpatient program to community programs including group and individual therapy. Our team takes a holistic approach to recovery and aims to help women in exploring and understanding their mental health, and develop a range of skills to support them long term.

OUT OF HOSPITAL CARE

Our out of hospital care services include Cabrini at Home services (Hospital in the Home, Chemo in the Home, Palliative Homecare and Rehabilitation in the Home), outpatient rehabilitation, and private allied health clinics. In 2022-23 there were 20,726 Cabrini at Home contacts and 216,800 contacts with allied health services. These programs allow us to deliver continuing care in our centres and, where suitable, in patients' homes, based on the needs and wants of our patients and their families.

SPECIALIST CENTRES

Cabrini has medical consulting suites at the Specialist Centre in Hawthorn. At the Specialist Centre in Elsternwick there are medical consulting suites, allied health, rehabilitation and outpatient mental health services, as well as a fully equipped gym and hydrotherapy pool.

CABRINI FOUNDATION

Cabrini Foundation is the fundraising arm of Cabrini. With no government funding, the work of the Foundation ensures Cabrini can continue to provide a wide range of vital healthcare services for the community as well as developing the next generation of healthcare professionals.

The Foundation works closely with donors, families and partners to raise essential funds to:

- Purchase life-saving medical equipment and the latest technology
- Conduct innovative clinical research projects
- Provide professional development education for clinical staff
- Create state-of-the-art facilities through visionary capital projects

To learn more please visit cabrinifoundation.com.au.

CABRINI OUTREACH ASYLUM SEEKER HEALTH SERVICES

The Cabrini Outreach Asylum Seeker Health Services provide a range of free primary care, specialist mental health care, psychosocial support and health waiver programs for people seeking asylum in the North Western area of Melbourne. Services are delivered by a mix of employed and pro bono doctors, nursing, allied health, project support and administration staff. Medicare-ineligible people seeking asylum receive priority access to our services.

CABRINI OUTREACH INTERNATIONAL PROGRAMS

Believing strong and collaborative community partnerships are the best way to address social and economic disadvantage, we endeavour to form long term relationships and to leverage our human, financial and material resources to support our overseas partners. Internationally, we focus on strengthening the delivery of primary health care in the Lubombo region in Eswatini and tertiary care in a 100-bed hospital in Dubbo, Ethiopia. Support is also provided to Cabrini Immigrant Services New York, to enable social and legal services for new migrants and educational scholarships are provided to assist children to attend school in Nicaragua.

CABRINI TECHNOLOGY

Operating in 18 locations within Australia and New Zealand, employing 550 staff, Cabrini Technology Group (CTG) provides vendor neutral world-class support for technology used in healthcare, disability, government and enterprise for more than 700 organisations in Australia and New Zealand. AxisHealth is a part of Cabrini Technology Group that imports, manufactures, distributes and sells medical capital equipment and consumables to hospitals, aged care and primary care sectors.

CABRINI RESEARCH

Cabrini Research conducts new and innovative clinical/translational research that improves outcomes for patients and aligns with our clinical services. Clinician and academic researchers oversee a diverse research program that covers the full research spectrum, from lab based discoveries and clinical trials to clinical implementation. Areas of research include cancer, surgery, cardiology, health informatics, health service delivery, nursing, allied health, palliative care, psycho-oncology, intensive care and emergency medicine.

CABRINI CANCER INSTITUTE

Opened in April 2021, the Cabrini Cancer Institute is a purpose-built facility dedicated to advancing translational research and clinical trials, and incorporates a state-of-the-art exercise research laboratory that will examine how exercise can improve cancer patient outcomes, quality of life and survival. Also housed within the Institute, is the Cabrini Cancer Exercise and Wellness Centre. This dedicated facility provides a relaxing environment that focusses on cancer exercise and wellness to support cancer patients and their carers throughout their journey. As one of Australia's leading providers of cancer services, the integration of the Cabrini Cancer Institute within the Cabrini Malvern hospital allows researchers and clinicians to better work together, developing breakthroughs to deliver better health outcomes for all cancer patients.

