

1 March 2022 | **COVID-19 UPDATE**

## **Cabrini Maternity FAQs**

### **How can I organise a maternity tour?**

All maternity tours are presently suspended to reduce the risk of Covid-19 to our mothers, babies and staff members.

A photo gallery of our Postnatal Ward (Cabrini Gandel Wing) and Delivery Suite can be found on our website at [www.cabrini.com.au/maternity](http://www.cabrini.com.au/maternity). Or, take a *virtual tour* and meander through our maternity ward set in a tranquil and private space, all with the click of a button – [CLICK HERE](#)

### **My maternity classes have been cancelled. What do I do?**

Alternate online class presentations are currently being finalised with patients to be emailed with further details. Refunds for current classes may be organised by phoning the **Maternity Bookings Office on 95081724**.

### **Will I continue to visit my obstetrician for antenatal appointments?**

Information regarding your ongoing obstetric appointments should be sought by phoning your individual specialist.

### **Can I come to Cabrini for Monitoring?**

Yes, current maternity patients are to phone the delivery suite on (03) 9508 1261 prior to presenting to hospital for monitoring or medical treatment. Please note that due to the current restrictions, partners are unable to accompany the patient to Cabrini for antenatal visits, CTGs or ECVs.

### **Where can I find current information on Covid-19 in pregnancy?**

Current and accurate information is available on the Victorian Government website:  
<https://www.dhhs.vic.gov.au/victorian-public-coronavirus-disease-covid-19>

Coronavirus (COVID-19), resources for the general public, health professionals (including translated resources) available on the government website here.

Advise women with symptoms suggestive of COVID-19 to undertake the 'Self-assessment for risk of coronavirus (COVID-19)'

### **Where do I go when I present to hospital in labour?**

The Birth Suite is located on level 2 in the South building. Enter the hospital through the main entrance (Coonil Crescent) and take the lift directly opposite the main reception desk up to level 2. The Birth Suite is located immediately to your left. ***Please phone the Birth Suite on 9508 1261 prior to presenting to hospital for monitoring of your baby or if you are in labour.***

### **What happens if I have flu like symptoms and go into labour?**

Call ahead as you would normally to alert the Birth Suite of your current condition. This allows them time to prepare a birthing suite in advance for you

### **Can I have a private midwife/doula assist me in the Birth Suite?**

A private midwife/doula is not currently permitted to accompany you in the Birth Suite for labour and birth. Please contact the Birth Suite should you wish to discuss this further.

### **Can my partner stay with me in hospital?**

Your partner/support person can attend labour and birth (including elective caesarean) for as long as required, and continue to stay in the postnatal ward with no time restrictions. If the same support person/partner needs to leave the hospital for any reason, they are permitted to return to visit or stay. For more information about visitor restrictions on our maternity ward, please refer to Cabrini's COVID-19 information for maternity patients webpage: [www.cabrini.com.au/coronavirus/information-for-maternity-patients/](http://www.cabrini.com.au/coronavirus/information-for-maternity-patients/)

### **Who can visit me in hospital after I have had my baby?**

For more information about visitor restrictions on our maternity ward, please refer to Cabrini's COVID-19 information for maternity patients webpage: [www.cabrini.com.au/coronavirus/information-for-maternity-patients/](http://www.cabrini.com.au/coronavirus/information-for-maternity-patients/)

### **Can I have an additional support person assist me in the Birth Suite?**

Decisions on whether an additional support person may be permitted to accompany you in the Birth Suite for labour and birth are made on a case by case basis. Please contact the Birth Suite for further details.

### **Do I have to stay for the full 4 nights after I have had my baby?**

Patients may be discharged prior to day 4 providing both mother and baby are well and your obstetrician is happy for this to occur.

### **Should I stop people from visiting and holding my baby when I go home?**

As the situation is evolving so quickly, we suggest you seek advice from the DHHS Covid-19 websites listed in this sheet.