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## INFORMATION FOR PATIENTS CHEMOTHERAPY IN THE HOME (CITH)

For many patients, it is more comfortable and convenient to be cared for in the home.

That's why Cabrini offers Chemotherapy in the Home (CITH).



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### WHO CAN RECEIVE CITH?

If you are over 18 and receiving eligible chemo treatments, you can request to receive that treatment at home, provided it is deemed safe and clinically appropriate by your oncologist/haematologist.

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### HOW DOES THE SERVICE WORK?

- Once your oncologist/haematologist approves chemo in the home for you, a member of the CITH team will ask you a series of questions to check that your home is suitable (most patient homes are suitable).
- At minimum your first two treatment sessions will take place in hospital and then you will be able to transfer to CITH when your treating doctor advises it is safe and appropriate to do so.
- A specially trained cancer nurse will then coordinate ongoing treatment appointments and provide the chemotherapy in your home.
- Your nurse will help you with any questions you might have about your treatment or side-effects.
- The nurse will liaise with your treating doctor and if at any time he/she has any concerns about your treatment, you can revert to hospital based care as required.
- Other appointments can be attended at the hospital as required.

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### WHAT DOES THE SERVICE INCLUDE?

Nurses provide subcutaneous or intravenous chemotherapy. They can also assist you with the operation of chemotherapy infusion pumps and central venous lines.

Depending on your level of private health insurance the nurses may also be able to assist you with port/PICC flushes and blood tests and other non-chemo services – please ask the CITH team for more information on this.

Please note, the service is not suitable for you if you are:

- On a clinical trial or using high-cost medications (or PBS listed medications used off label/off PBS reimbursement)
- Undergoing vesicant therapies (unless central line insitu), blood/blood-product administration

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### WHAT ARE THE COSTS?

It is important to be aware of potential out-of-pocket costs. We will assess your eligibility with your health insurer and advise of any potential costs. Please talk to a member of the CITH team for more information

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### FURTHER INFORMATION

If you would like further information about the CITH service please call (03) 9508 1745 (8 am – 4 pm Monday to Friday) or email [hhu@cabrini.com.au](mailto:hhu@cabrini.com.au).