



Cabrini Hip Dysplasia Clinic
Cabrini Mother and Baby Centre
183 Wattletree Road,
Malvern VIC 3144

CABRINI HIP DYSPLASIA CLINIC

Further information and appointments
call **(03) 9322 3360**
visit **cabrini.com.au/paediatrics**



ABOUT THIS SERVICE

The Cabrini Hip Dysplasia Clinic is led by the highly experienced paediatric orthopaedic surgeon, Mr Gary Nattrass, and is supported by a team of clinicians who specialise in hip dysplasia.

The clinic offers a unique 'one stop' multidisciplinary approach to assessing and managing hip dysplasia in the one location, at Cabrini Malvern.

Babies can be assessed clinically, imaged by ultrasound and bracing treatment can commence (if required) all in the initial appointment.

Review appointments are also held at the same clinic ensuring convenient access to all members of our team. The team is part of your family's journey.

HIPS AT RISK

Risk factors for developmental dysplasia of the hip (DDH)

- Babies born in the breech position
- Family history of DDH (parents or siblings)
- Twins
- Oligohydramnios (low levels of amniotic fluid)
- Female
- First born child

On clinical examination

- Decreased abduction of hip
- Obvious instability (Positive Ortolani test or Barlow test)
- Leg length difference
- Asymmetric skin creases
- Postural abnormalities e.g. torticollis, foot abnormality
- Unilateral toe walking

When to refer to the Cabrini Hip Dysplasia Clinic

- Hip is dislocated or dislocatable
- Ultrasound reports <50% femoral head coverage at six weeks of age or older
- Ultrasound reports signs of hip dysplasia
- X-ray after six months of age reports signs of hip dysplasia

Mr Gary Nattrass

Paediatric orthopaedic surgeon



Gary has a major interest in spinal and hip conditions of childhood and adolescence. A past president of the Australian Paediatric Orthopaedic Society (APOS) and member of the orthopaedic team at the Royal Children's Hospital, Gary is well experienced in all areas of paediatric orthopaedics. He is extremely experienced in the management of hip dysplasia, both non-operative and operative.

Ms Prue Weigall

Paediatric physiotherapist



Prue specialises in paediatric orthopaedics. Her current physiotherapy practice includes the physio-led orthopaedic assessment clinic at the Royal Children's Hospital. In this role she is responsible for the clinical assessment and management of infants with developmental dysplasia of the hip and clubfoot, children with normal postural variations (such as intoeing gait and bow legs), and other simple musculoskeletal conditions not requiring surgical intervention.



As referral partners of the Cabrini Hip Dysplasia Clinic, Orthokids provides clinical expertise in brace fitting. As one of Melbourne's most experienced paediatric orthotists, Orthokids provides a high quality service to children and their families.