

HYDROTHERAPY SERVICES



Hydrotherapy is a well-established therapy for many conditions including post joint replacement, osteoarthritis and pain management. Exercises in warm water can improve balance and strength with the benefits of gentle resistance and reduced impact.

We offer hydrotherapy at the Cabrini Specialist Centre - Elsternwick (494 Glen Huntly Road) in our dedicated hydrotherapy pool. Our experienced physiotherapists are experts in treating all musculoskeletal and pain conditions. They will assess your condition and supervise your individualised program in the hydrotherapy pool in a small group setting.

Initial assessments* are undertaken at our Elsternwick site. See below for details.

Most health funds offer a rebate on extras cover. Eligible DVA, TAC and Worksafe conditions are also fully covered under this service.

Fees	Initial assessment*	\$100
	Sessional rate	\$45
	Group hydrotherapy packages	\$516 for 12 sessions

* If applicable



Cabrini Cancer Exercise and Wellness Centre
Ground floor,
183 Wattletree Rd, Malvern

Cabrini Allied Health
Level 1,
183 Wattletree Rd,
Malvern

Cabrini Specialist Centre - Elsternwick
494 Glen Huntly Rd,
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