

HYDROTHERAPY SERVICES



Hydrotherapy is a well-established therapy for many conditions including post joint replacement, osteoarthritis and pain management. Exercises in warm water can improve balance and strength with the benefits of gentle resistance and reduced impact.

We offer hydrotherapy at Elsternwick (Glen Huntly Road site) in our dedicated hydrotherapy pool. Our experienced physiotherapists are experts in treating all musculoskeletal and pain conditions. They will fully assess your condition and supervise your individualised program in the hydrotherapy pool in a small group setting.

Initial assessments can be undertaken at our Malvern and Elsternwick (Glen Huntly Road) sites. See below for details.

Most health funds offer a rebate on extras cover. Eligible DVA, TAC and Worksafe conditions are also fully covered under this service.

Fees	Initial assessment*	\$85
	Group hydrotherapy packages	\$270 (6 sessions) \$480 (12 sessions)

* If applicable.



Cabrini Cancer Exercise and Wellness Centre
Ground floor,
183 Wattletree Rd, Malvern

Cabrini Allied Health Centre
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183 Wattletree Rd, Malvern

Cabrini Elsternwick
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