

Hypospadias repair

Useful guidelines for your child's recovery at home

Activity

It is important to keep the genital area well protected. Babies can continue their normal activities. Tummy time may cause some discomfort. Using double nappies can provide some extra comfort. For older boys, avoid rough play and encourage gentle activities until the review appointment. A cricket box (or a paper cup) can be positioned for comfort and protection when wearing underwear and pants.

Wound care

The waxy dressing around your son's penis will need to stay intact until the review appointment with your surgeon. If your son is going home with the catheter or stent in place, then the catheter dressing will need to stay dry and intact until its removal.

On the day of catheter or stent removal, the dressing will need to be completely soaked off in the bath. Your surgeon will guide you as to the timing of this procedure and the removal of dressing.

Hygiene

If your son is going home with the stent or catheter in place then they will be required to sponge bath until the dressing is removed (approximately four days after surgery). If the dressing becomes soiled, use a face washer and some warm soapy water and gently dab (do not scrub). Pat dry afterwards.

*Note: Some surgeons allow daily bathing in the days following surgery. If this is the case, do not pull at the dressing but rather let it soak off naturally (it will require a few baths). The surgeon and nurses will guide you with this.

If there is no catheter or stent, your child will be able to bath as normal.

Discomfort

Your son may feel some pain or discomfort in the days following surgery. Paracetamol will help with this.

Medications

- You can give your child paracetamol for one to two days if needed (ensure you follow correct dosage instructions for your child's age)
- Paracetamol can be given every four to six hours but no more than four times in a 24 hour period
- Do not give aspirin
- If your child has been prescribed antibiotics then be sure to complete the entire course

Follow-up

The catheter or urinary stent is usually removed four to seven days after the operation. This will occur via the doctors rooms (if applicable). Your doctor will advise when to make your follow up appointment.

When to contact your surgeon

Please contact your surgeon if your child has:

- A persistent temperature of 38.5°C or higher
- Pain unrelieved by regular pain relief
- Persistent bleeding, ooze, redness or swelling around the wound
- A stent or catheter comes out before it is due to be removed
- A dressing falls off before the due removal date
- Difficulties in passing urine or urine that is very dark in colour or offensive in smell

A note before you leave the hospital

Please report to the reception desk in the foyer of the hospital before leaving to finalise any administrative paperwork.

Questions

If you have any questions or concerns, please don't hesitate to contact your discharge ward on the number below.

Cabrini Malvern Paediatric Ward
183 Wattletree Road, Malvern VIC 3144
03 9508 1378

Cabrini Brighton Paediatric Ward
243 New Street, Brighton VIC 3186
03 9508 5888

