



CABRINI

NURSING AND MIDWIFERY

Career Guide

There's something about Cabrini...



ABOUT US

Our mission and vision

We are a Catholic, not-for-profit provider of health and health-related services inspired by the vision of the Missionary Sisters of the Sacred Heart of Jesus.

Our mission is to provide excellence in all of our services and our vision is to provide compassionate care for more people in need.

We believe every person is worthy of the utmost respect and the best possible healthcare.

Compassion | Integrity | Courage | Respect

We strive to meet the healthcare needs of the community with a deep commitment to progress and leadership. Our values are compassion, integrity, courage and respect, underpinned by our 'Behaviours that Matter'.

At Cabrini, we can provide you with the opportunity to work alongside experienced colleagues in a caring and supportive, culturally diverse environment.

Staff education and development are important at Cabrini and we can provide eligible staff with career development opportunities. If you are on a career path towards more senior positions, we have associate, senior and managerial roles in nearly every unit, department and area. Whether you are looking for full-time, part-time or casual work, choose Cabrini.

WELCOME

from the Chief Executive

Thank you for considering Cabrini as the next step in your career.

With more than 3000 nurses working at Cabrini, we provide contemporary healthcare in a private setting.

Our values of courage, compassion, integrity and respect guide everything we do and provide a friendly and welcoming culture that makes it a pleasure to come to work.

There is also something special about Cabrini. It has a warmth and kindness that I haven't experienced before, which I attribute to our Catholic heritage and our mission. It's what makes us unique and it's what our staff and patients remember.

I also have a special connection to Cabrini. It's where I had my children, where I worked early on in my nursing career and it is my local neighbourhood hospital.

I encourage you all to consider Cabrini as a place for your future training or employment.

Sue Williams

Chief Executive
Cabrini Health Australia



WELCOME

from the Group Director Nursing and Clinical Education

Thank you for considering Cabrini as a place to start, or further your career in nursing.

These years, whether you are just starting out, or are looking at postgraduate opportunities, are some of the most challenging times in your career, but we are here to support and guide you every step of the way.

Nursing is such a fantastic career, there are so many opportunities to grow and learn. I am really proud to say I am a nurse, and have always put patients and their families first, using best practices with care and compassion.

At Cabrini, creating an exceptional patient and family experience is at the centre of everything we do. We strive to ensure the care provided in our health service reflects the best available evidence and the needs of our patients.

We look forward to welcoming you into the Cabrini family.

Anne Zandegu

Group Director
Nursing and Clinical Education
Cabrini Health



OUR CAMPUSES

With more than 800 beds across the organisation, and more than 82,000 episodes of inpatient care each year, Cabrini offers integrated services ranging from emergency and critical care to midwifery, home care, palliative care and rehabilitation. These services are offered across a number of Cabrini campuses located in Melbourne's southeast.



OUR CAMPUSES

Cabrini Malvern

Cabrini Malvern features the new Gandel Wing, a major step forward for Cabrini in our continuous effort to provide the best possible care. The new wing accommodates patients in the speciality areas of cancer, cardiac, care for the elderly, emergency, respiratory and maternity.

Cabrini Malvern hosts a number of other services for our patients and wider community including:

- A world-class theatre complex, including an interventional hybrid theatre
- Day Procedure Centre
- A state-of-the-art cardiac catheterisation laboratory
- Medical and surgical units with allocated specialties
- Diagnostic and outpatient interventional services
- Hospital in the Home and chronic disease services



Cabrini Brighton

The focus of Cabrini Brighton is cancer services, women's health and specialty surgery including a major orthopaedic program. Brighton has 141 beds which are able to accommodate overnight, medical and surgical patients across three wards.

Brighton's facilities include:

- World-class operating theatres
- Day infusion unit
- High Dependency Unit
- Respiratory and sleep centre
- Medical imaging unit
- Hospital pharmacy and pathology collection centre





Madison Sharp and Eden Pham,
Registered Nurses, Cabrin
emergency department

OUR CAMPUSES

Cabrini Palliative and Supportive Care, Prahran

At Prahran we offer palliative and supportive services for both inpatients and at home.

The inpatient area is a 22-bed specialist palliative care unit offering a wide range of services including medical support, nursing, pastoral care, counselling and physiotherapy.

The palliative home care service provides nursing assessment and care to patients who require assistance with symptom management and end-of-life care in a home environment, including residential aged care facilities.

Cabrini Rehabilitation – Malvern and Brighton

The Cabrini Rehabilitation Service works with patients and their families to achieve maximum functional independence in all aspects of daily life. This is achieved through a multidisciplinary approach to goal setting, functional re-training and discharge planning. Rehabilitation is offered for inpatients, outpatients and in the home.

‘At Cabrini I have been given the opportunity to care for patients with complex needs and provide individualised care.’

Tahlia Premier, ACU College Student





Claire Eastwood, Registered Nurse, Cabrini Brighton

YOUR OPPORTUNITIES

Cabrini offers a diverse range of exciting and rewarding career opportunities for nurses and midwives who are encouraged to make a positive impact on patient care delivery throughout the organisation.

Whether full-time, part-time or casual, nurses and midwives are able to enjoy the benefits of working in a dynamic, challenging and supportive environment, with a wide range of opportunities.

We offer career opportunities in:

- Cancer services and Day Infusion Centre
- Cardiac Catheter Laboratory
- Cardiac/cardiothoracic (Acute Cardiac Service)
- Day Procedure Centre
- Emergency
- Hepatobiliary/colorectal/upper GI
- Hospital in the Home
- Intensive Care Unit
- Medical
- Medical imaging
- Midwifery
- Orthopaedic and neuroscience
- Paediatrics
- Perioperative
- Urology and gynaecology
- Palliative care and palliative home care
- Rehabilitation
- Respiratory
- Vascular, plastic and reconstructive surgery

If you are interested in working in one of these clinical services, visit our job search page at cabrini.com.au/careers to see how your skills and abilities complement our health service.





Jacinta Bradshaw, Midwife at Cabrini Malvern

EMPLOYEE BENEFITS

Private Health Insurance

Through an arrangement with a private health insurer, Cabrini employees can benefit from a cost effective corporate private health insurance cover.

Salary Packaging

Cabrini is a private not-for-profit healthcare service, which means the Federal Government allows our employees to 'package' certain items up to a capped dollar figure without incurring Fringe Benefits Tax (FBT). This allows a tax saving to our employees.

Employee Assistance Program

Cabrini aims to provide workplace benefits that add value to your lives both inside and outside of the workplace. We welcome you to use your four free and confidential one hour counselling sessions annually.

Education and Professional Development

Access to resources to support your personal and professional development throughout your career.

myki Commuter Club

Full-time and part-time Cabrini staff have the opportunity to apply for a discounted 365 day myki Commuter Club Card. The card is paid for by Cabrini then repaid by the employee through 26 fortnightly deductions from their pay.

Staff Discounts

There are a range of discounts available to Cabrini staff for highly sought after products and services.

Nursing and Midwifery Society

Cabrini's Nursing and Midwifery Society recognises the contribution of past, present and future nurses and midwives. The society enables nurses and midwives to stay connected with each other throughout their career, working together to foster lifelong friendships and professional networks.





Raj Kayastha, Graduate Nurse and Louise Suttie, Transition to Professional Practice Program Educator

FORMAL NURSING AND MIDWIFERY PROGRAMS AT CABRINI

Transition to Professional Practice (Graduate) Program

Cabrini's Transition to Professional Practice Program has been designed for newly qualified registered nurses, enrolled nurses and midwives (graduates). Our unique program can accommodate novices as well as graduates. All participants have access to a wide variety of support throughout our program including study days, where they can expand their knowledge and skills.

Transition to Speciality Practice

We offer many opportunities at Cabrini for nurses to expand their careers. Our Transition to Speciality Practice programs in Perioperative, Cardiac, Emergency and Intensive Care Nursing support nurses to transition into the speciality areas. These programs also assist to prepare nurses for postgraduate study.

Postgraduate

We offer postgraduate programs in Perioperative, Cardiac, Cancer, Emergency and Intensive Care Nursing. Working closely with our university partners enables us to create a unique learning environment where course participants are able to excel.

Program participants attend university study days and have access to tutorials and clinical support at Cabrini.

Cabrini Graduate Program

Cabrini is proud to support the next generation of graduate registered and enrolled nurses and graduate midwives as they transition into the workforce.

Graduates spend 12 months growing personally and professionally throughout the Transition to Professional Practice Program, with exciting opportunities to gain clinical experience in a wide variety of specialty areas across multiple sites including Malvern and Brighton.

Cabrini's Registered Undergraduate Student of Nursing (RUSON) program

Cabrini is hiring RUSONs to support our team and upskill our future workforce.

If you are currently studying undergraduate nursing, a RUSON position will increase your understanding of clinical environments and health service delivery, and support your transition to practice upon graduating.



KICKSTART YOUR CAREER AT CABRINI – HOW TO APPLY

Transition to Professional Practice (Graduate) Program

The Graduate Program is open to registered nurses, enrolled nurses and double degree registered nurses/midwives.

We offer intakes in two main waves one in February and one in March. You will have the chance to rotate through two different clinical wards/departments.

For more information visit: cabrini.com.au/careers and view our Graduate RN, EN and RN/RM page.

Transition to Speciality Practice Programs

Opportunities to join our Transition to Speciality Practice Programs are advertised throughout the year. Different specialities will align their advertisements to complement their workforce requirements.

Postgraduate Programs

Postgraduate program positions at Cabrini open late August, early September each year. As part of the application process, successful candidates also need to meet the university entry requirements for their selected program.

If you are interested in a nursing or midwifery career at Cabrini, visit our careers page: cabrini.com.au/careers

or use the QR code below:



APPLICATION CHECKLIST

Applications are open throughout the year on Cabrini's career page, just go to cabrini.com.au/careers. Applications can only be made online.

General applications must include:

- ☐ Cover letter
- ☐ Curriculum vitae
- ☐ Contact details of three professional referees

Transition to Professional Practice (Graduate) Program applicants must include:

- ☐ Cover letter
- ☐ Curriculum vitae
- ☐ Contact details of three recent clinical placement referees
- ☐ Certified copy of your academic transcript with legend
- ☐ Certified copy of your two most recent clinical placement assessment records

"Cabrini's partnerships are incredibly important in establishing a sense of belonging and purpose for students. As we invest our time and effort by building confidence, we then look forward to them (hopefully) investing in their future here with us at Cabrini Health."

Marina Necoski, Cabrini Clinical Facilitator



WHAT'S NEXT FOR CABRINI?

Cabrini Cancer Institute

Cabrini Cancer Institute is a state-of-the-art research organisation dedicated to advancing translational cancer research.

Cabrini Cancer Institute opened in April 2021, and is a further step in the development of cancer research at Cabrini.

A grant from the Federal Government allowed us to develop phase one of a two-part project to create the institute.

Phase one allows us the capacity to double the number of clinical trials within the next two years and create a state-of-the-art exercise research facility to better understand how to integrate exercise into every cancer patient's treatment. Associated with the exercise research is a fully functional gymnasium staffed by Cabrini exercise physiologists.

As one of Australia's leading providers of cancer services, the integration of the Cabrini Cancer Institute within the Cabrini Malvern hospital allows researchers and clinicians to better work together, developing breakthroughs to deliver better health outcomes for all cancer patients

Cabrini Nursing and Midwifery is proud to partner with:

- La Trobe University
- Monash University
- Monash Partners Academic Health Science Centre
(known as Monash Partners)
- Swinburne University of Technology
- University of Melbourne
- Australian Catholic University (ACU)



"My favourite part of being a Cabrini Graduate Nurse is the incredible education and support from the team. Never have I ever felt alone in all my tasks, and I wake up with an excitement knowing I get to work in a nurturing and encouraging environment."

Christine Serion, Graduate Nurse



CABRINI

To find out more about a career
at Cabrini, please visit

cabrini.com.au/careers

060323

