

REFERRAL FORM – PARKINSON'S OUTPATIENT PROGRAM

Please ask your doctor to complete this form
and send to Access:

Email: access@cabrini.com.au

Fax: (03) 9508 1455

Mail: Access
183 Wattletree Rd, Malvern Vic 3144

Patient details:

Name: _____

Date of birth: _____

Address: _____

Telephone : (H) _____

(M) _____

Health Fund: _____

Membership No: _____

DVA Gold TAC Workcover

Doctor name: _____

Phone: _____

Date: _____

Provider no: _____

Signature: _____

Further information

Cost

Many people are fully covered for this program under their private health insurance hospital cover. Your eligibility and any out of pocket costs will be checked prior to commencement of the program.

Questions

For further information, please phone (03) 9508 1700 or email parkinsons@cabrini.com.au

Location of program

The Parkinson's outpatient program runs at:
Cabrini Rehabilitation
2-6 Hopetoun St
Elsternwick VIC 3185

Referrals

You will need a referral from a doctor (GP or specialist) to attend the program.
A form is attached for your convenience.

Parkinson's outpatient program



www.cabrini.com.au

189-0220


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REHABILITATION

Parkinson's Disease

Parkinson's Disease has four primary symptoms – tremor, rigidity, balance problems and slowed movement. However, people experience a range of symptoms beyond these four. Challenges may include some of:

- Digestion changes and constipation
- Swallowing and saliva problems
- Difficulty speaking clearly
- Sexual changes
- Changes in emotions or mood
- Sleep problems
- Pain
- Reduction of sense of smell
- Difficulty completing daily tasks
- Toileting frequency and urgency
- Memory and thinking changes

It's important to know that living with Parkinson's is different for everyone. No two people have the same symptoms and many people live for years without experiencing troubling symptoms.

However, exercise and strategies are important to help manage challenges that do arise. Cabrini's Parkinson's outpatient program specialises in working with people with Parkinson's and similar movement disorders including PSP, MSA and CBS. As a team, we help people address the difficulties and challenges that they may face on an individual basis.

About the Parkinson's outpatient program

Our outpatient program will help you manage symptoms so you can 'do what you do' as independently as possible. We support you, your family and significant others on your journey. Our team has been specifically trained to work with people with Parkinson's.

The team includes:

- Physiotherapists
- Occupational therapists
- Dietitians
- Speech pathologists
- Social workers
- Health psychologists
- Neuropsychologists
- Rehabilitation doctors
- Psychiatrists

What other services does Cabrini offer for people with Parkinson's?

Inpatient care: We provide tailored inpatient rehabilitation programs, including care for people following Deep Brain Stimulation.

Other services at Cabrini: Specialist neurologists implement 'advanced therapies' for Parkinson's Disease at Cabrini. These include Deep Brain Stimulation and Duodopa pumps.

