

Pastoral services





About the pastoral team

Pastoral practitioners are part of Cabrini's team of carers, who are trained to offer emotional and spiritual support for you and your loved ones when needed.

They will listen with compassion, extending a calming presence and companionship. They are available for one-off or multiple visits. Your privacy and confidentiality are guaranteed at all times.

All our Pastoral and Bereavement Services team members are sensitive to and respectful of different faith traditions (or none), beliefs and cultural needs. We want everyone to feel welcome and supported at Cabrini.

Times you may need us

A stay in hospital can bring up various emotions and raise questions. For those without close friends and family to visit, it can seem lonely or even overwhelming. You may like to reach out to our team if you are:

- Feeling anxious about your diagnosis
- Feeling alone or worried, or are experiencing grief and loss
- Exploring questions about life, meaning or purpose
- Experiencing something new or significant e.g. the birth of your baby, before surgery, or are nearing the end of life
- Just in need of a friendly, listening ear



Other services

Our team can also help organise visits from chaplains or representatives from various spiritual and faith traditions.

- Catholic Holy Communion and Anointing of the Sick are available on request
- Jewish Shabbat boxes are delivered on Friday evenings

Please let a pastoral practitioner or your nurse know if you would like assistance in arranging for an external representative to visit you while you are in hospital.

Chapels

The Malvern and Brighton chapels are available for private prayer and formal services any time.

Catholic mass: Malvern on Thursdays at 12 noon
Brighton on the 1st Wednesday of the month at 11am

Anglican service: Malvern on Tuesdays at 12 noon

Chapel services and prayer resources can be viewed on your TV Channel 502 (Malvern) or Channel 508 (Brighton).

Multi-faith room

Located at the back of the Malvern Chapel, this lovely separate space is available for quiet time, prayer or meditation.

Prayer mats and sacred texts are available to use.

What patients say about us:

"Thanks to the pastoral carer who was such a kind, open and warm person and easy to talk to."

"You did so much to support our family members and we will be forever grateful for that."

"Being able to receive Holy Communion was very comforting for me."

Availability

Pastoral practitioners are onsite and available to visit you at the following Cabrini locations:

Cabrini Malvern

8.30 am to 4.30 pm weekdays

Cabrini Brighton

8.30 am to 4.30 pm weekdays

Cabrini Elsternwick

(Lisa Thurin Women's Health Centre)

8.30 am to 4.30 pm Wednesdays and Thursdays

Practitioners are available on-call over the weekend and public holidays from 9 am to 5 pm.

Contact us

If you would like to organise a pastoral practitioner from Cabrini's Pastoral and Bereavement Services team to visit you in hospital:

Phone: (03) 9508 1927 or (03) 9508 1928

Email: pastoralservices@cabrini.com.au

"Try to be the one who always soothes with the balm of peace."

St Frances Xavier Cabrini 1850 - 1917

www.cabrini.com.au

