

Patient Calendar for MIBG preparation

Name.....

Day/Date.....

Friday	Patient to collect Lugol's solution from Nuclear Medicine
Time	
Monday.....	Patient to start taking Lugol's solution as per directed
Time	
Tuesday	MIBG administration (Time zero (TO) time of injection)
Time	
Tuesday	T0 + 4hrs
Time	Whole Body Scan (allow 1.0hrs)
Wednesday.....	T0 + 24hrs
Time	Whole Body Scan + Abdominal SPECT (allow 1.5hrs)
Thursday.....	T0 + 48hrs
Time	Further Imaging if required
Friday	Patient to take last dose of Lugol's

Directions for Taking Lugol's Solution

- Lugol's solution must be taken for this study to minimise the MIBG injection going to your thyroid. You will need to collect the Lugol's solution from the Nuclear Medicine department one week prior to your test
- 3 drops of Lugol's solution in ½ glass of water must be taken on Monday morning (1 day prior to MIBG being administered). The same concentration should be taken every morning with the last dose on Friday morning.
- If you have any queries please contact the Nuclear Medicine Department on **9508 1429**.