

Pyeloplasty

Useful guidelines for your child's recovery at home

Diet and fluids

Encourage your child to drink plenty of fluids. This helps to flush out the bladder. Your child will be able to eat a normal diet after discharge from hospital.

Activity

It is important to keep the wound area well protected. For babies, normal activities can occur. For older children, it is important to avoid rough play or strenuous activity until after the follow up appointment.

Wound care

The wound is usually covered in steri-strips (white tape) and then covered with a waterproof dressing. This should stay intact for approximately seven days. After seven to ten days, if the dressing falls off, there is usually no need to re-cover it.

Hygiene

Your child may have a bath or shower from the day after surgery, or as instructed by your surgeon. The dressing is waterproof, and should be patted dry afterwards.

Discomfort

Your child may feel some pain or discomfort in the days following surgery. Paracetamol will help with this.

Medications

- If your surgeon has prescribed antibiotics, take them as directed. Your child should not stop taking them just because they feel better. It is important that they take the full course of antibiotics.
- You can give your child paracetamol for one to two days if needed (ensure you follow correct dosage instructions for your child's age)
- Paracetamol can be given every four to six hours but no more than four times in a 24 hour period
- Do not give aspirin

Follow-up

Please contact your surgeon's rooms to organise a follow-up appointment, if you don't already have one. The ureteric stent usually requires removal for to six weeks after surgery. It is removed under anaesthetic in hospital.

When to contact your surgeon

Please contact your surgeon if your child has:

- A persistent temperature of 38.5°C or higher
- Pain unrelieved by regular pain relief
- Persistent bleeding, ooze, redness or swelling around the wound
- Difficulties passing urine or urine that is very dark in colour or offensive in smell

A note before you leave the hospital

Please report to the reception desk in the foyer of the hospital before leaving to finalise any administrative paperwork.

Questions

If you have any questions or concerns, please don't hesitate to contact your discharge ward on the number below.