

Mesenteric Adenitis

What is Mesenteric Adenitis?

Mesenteric Adenitis is an inflammation of the lymph nodes in the abdomen. The lymph nodes sit near the lining of the intestines. The inflammation is often caused by an infection. Mesenteric Adenitis commonly affects children under 15 years of age but has been known to affect people in adulthood.

Symptoms of Mesenteric Adenitis

The onset of symptoms may occur gradually or suddenly, this may include:

- Abdominal pain
- Fever
- Vomiting or diarrhoea
- Decreased appetite

Treatment

The treatment process differs for each patient, however it usually involves plenty of rest and pain relief for discomfort. Your child may be given intravenous fluids and an ultrasound and/or CT scan may be required whilst in hospital. The symptoms of Mesenteric Adenitis may last for a few weeks after discharge from hospital.

If hospitalised

Admission

The admission process is an opportunity to discuss your child's hospital stay and any special needs they may have while in hospital or for going home.

Visiting hours

The Cabrini Paediatric Ward does not have set visiting hours.

Discharge

Your child will be discharged when your doctor is happy with their progress and condition and you are confident with caring for them at home.

Please report to the reception desk in the foyer of the hospital before leaving to finalise any administrative paperwork.

Care at home

- It is important for your child to rest (avoid strenuous activity)
- Warm baths and heat packs on the abdomen can reduce discomfort
- Encourage your child to have plenty of fluids
- Give your child paracetamol and ibuprofen to relieve any discomfort

Follow-up

Please contact your doctor's rooms to organise a follow-up appointment.

When to contact your doctor

- Persistent pain unrelieved by regular pain relief
- Persistent temperature of 38.5°C or higher
- Persistent vomiting or diarrhoea

Questions

If you have any questions or concerns, please don't hesitate to contact the Ward using the phone number below.