
A guide to storing and reheating food brought in from outside Cabrini

- Cabrini Health does not accept responsibility for food prepared outside of Cabrini facilities and provided for patients by relatives and visitors. This includes crockery and cutlery accompanying food.
- Nursing staff must be notified of any food brought in for patient consumption to ensure it meets the patient's dietary needs.
- Food, if not reheated correctly, can cause illness. For the wellbeing of patients, please ensure you follow these instructions carefully.

Storage instructions:

- Store product at or below 5°C
- Perishable food not consumed within 24 hours of being brought into the hospital must be discarded
- Any food brought to the hospital but not consumed immediately must be covered, labelled with patients name, date and time food was brought to the hospital and then placed in the fridge immediately upon arrival. (Labels available from ward or use a Bradma.)

Reheating instructions:

- Place container with lid on, in microwave oven
- Food is to be reheated until piping hot throughout
- Product must be consumed within 30 minutes of reheating
- Never reheat food more than once

