

Therapy in the Home





Cabrini Rehabilitation

Cabrini provides high quality rehabilitation to suit your needs. We offer a range of services to provide the best treatment, by the best people, in the most appropriate place.

Our rehabilitation services include:

- Inpatient rehabilitation (staying in hospital) – based in Malvern and Brighton
- Outpatient rehabilitation (coming in for appointments) – based in Elsternwick
- Therapy in the Home – we offer rehabilitation to you in your own home if you live within approximately 30kms of Cabrini

Therapy in the Home

In Therapy in the Home, you are treated in your home to help meet your therapy goals. Research shows that having therapy at home is effective.

The Therapy in the Home program is delivered over up to 6 weeks by a Cabrini multidisciplinary team.

What conditions are appropriate for Therapy in the Home?

Orthopaedic: Joint replacements, spinal surgery, fractures (such as a hip fracture)

Medical: Reconditioning for general weakness

Neurological: Including stroke, Parkinson's Disease, Multiple Sclerosis, etc.

Falls: Reduced balance

Other: General debility, loss of independence



Services available in Therapy in the Home

Therapy in the Home can provide:

- Care coordination/case management
- Physiotherapy
- Speech pathology
- Social work
- Occupational therapy
- Dietetics
- Neuropsychology

Cost

The cost of this service is dependent on your health fund and level of cover. DVA and some health funds fully cover this service. Contact us to find out more.

How do I access Therapy in the Home?

When you are in hospital, your team can help decide if you are appropriate for Therapy in the Home and if this is covered by your health fund.

Your GP or another health professional can also refer you to Therapy in the Home via telephone, fax or electronically.

If you are referred for Therapy in the Home, you will be contacted within 24-48 hours of being discharged home or once we receive the referral.

What if I am not eligible for Therapy in the Home?

Physiotherapy and other allied health input can still be provided in your home on a fee for service basis. If you have extras cover you can apply for a rebate to cover some of the cost.

Cabrini Therapy in the Home
is rehabilitation provided to you in your
home by a team of therapists
'Bringing healthcare home'

Cabrini Therapy in the Home

Office hours: 9 am - 4 pm weekdays

Tel: (03) 9508 1700

Email: access@cabrini.com.au

www.cabrini.com.au/community

