

Cancer Wellness Day Fridays

at Cabrini Exercise and Wellness Centre

Pop up event

Choosing Joy: Transforming trauma into growth

with Psychologist, Jane Fletcher

Friday 4 September 2026 at 11am

Cabrini Exercise and Wellness Centre



For bookings and queries follow the QR or
call 9508 1400 or visit:

261 Wattletree Road, Malvern 3144

www.cabrini.com.au/services/cancer-exercise-and-wellness-centre/